Building a Positive Digital Identity

HATE SPEECH









Table of contents

01

Introduction

What is online hate speech?

03Forms of online hate speech

What forms can online hate speech take?

02

Victims - Effects

Who targets online hate speech? What are its effects?

04 Action

What can be done?





01

Introduction

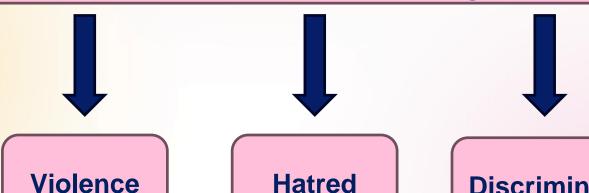
What is online hate speech?



What is Online Hate Speech?

Online content targeting a person or a group based on protected characteristics with the intent or likely effect of inciting, spreading or promoting hatred or other forms of discrimination

SHELMS: Hacking Hate Project (2019)



Discrimination



02Victims Effects

Who targets online hate speech? What are its effects?



Who does online hate speech target?



















O3 Forms of Online Speech

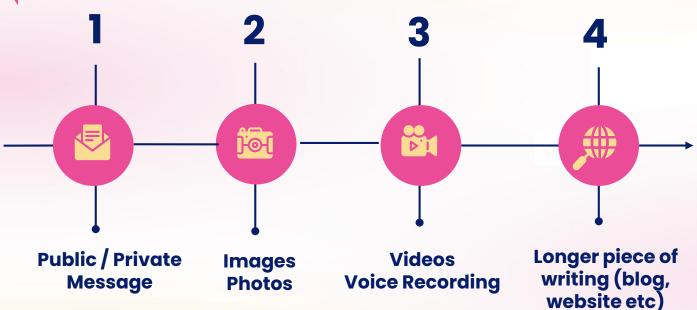
What forms can online hate speech take?





What forms can online hate speech take?





04 Action

What can be done?



Recognise and manage our emotions so that we act rationally, make considered decisions and responses without acting impulsively





Controlled breathing

Private self-talk

Use up energy

Distraction

Picture positive things

Creating distance



Raising Awareness Create an Inforgraphic

